Physical Education Activities Log

Week 1

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

Week 2

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  | Week Total |  |  |  |

Week 3

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  | Week Total |  |  |  |

$\qquad$ ID\# $\qquad$ *Activities must total a minimum of 225 minutes weekly for one semester.

Physical Education Activities Log

Week 4

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  | Week Total |  |  |
|  |  |  |  |  |

Week 5

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

Week 6

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  | Week Total |  |  |  |

$\qquad$ ID\# $\qquad$ *Activities must total a minimum of 225 minutes weekly for one semester.

Physical Education Activities Log

Week 7

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  | Week Total |  |  |
|  |  |  |  |  |

Week 8

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

Week 9

| Activity | Location | Time | Date | Coaches Signature |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  | Week Total |  |  |
|  |  |  |  |  |

$\qquad$ ID\# $\qquad$ *Activities must total a minimum of 225 minutes weekly for one semester.

